

# **PE2012/G: Remove need for follicle-stimulating hormone (FSH) blood tests before prescribing Hormone Replacement Therapy (HRT)**

**British Menopause Society written submission, 22 October 2024<sup>1</sup>**

As per NICE guideline, blood tests are not needed to diagnose perimenopause or menopause in women aged over 45 and are not often necessary in women aged 40 to 45. Diagnosis, and hence need or not for treatment, should be based on history, period pattern and presence or not of symptoms.

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<sup>1</sup> Response originally submitted in March 2024 but only received by the Committee in October 2024.